



The MTC Newsletter

Nr 22

By Mr Adrian STOICA, President of the Men's Technical Committee

FIG Office Lausanne (SUI), 03.07.2008

Dear Friends,

Please find below the new elements from different competitions submitted to the FIG - MTC for evaluation prior the 2008 Olympic Games in Beijing.

APPARATUS	ELEMENTS	EVALUATION
FX - FLOOR EXERCISE	Flairs to handstand, jumping backward handstand pirouettes and back to flairs	Element Group I, D value
SR - STILL RINGS	Uprise fwd. to inverted Swallow without support phase (2 sec.)	Element Group III, F value
	From inverted Swallow, press with straight arm and body to Swallow (without support phase)	Element Group IV, E value
	From inverted Swallow, press with straight arms and body to inverted cross (without support phase)	Element Group IV, E value (Danny Rodrigues, FRA)
Connections precision: NO CONNECTIONS can be awarded for inverted Swallow to Swallow, or for inverted Swallow to inverted cross.		
VT - VAULT	Dragulescu piked	7.20 value
PB - PARALLEL BARS	From side stand, glide kip on one bar in front support and swing backward with hop with $\frac{3}{4}$ turn to handstand on two rails	Element Group III, B value (for the swing hop with $\frac{3}{4}$ to handstand on two rails)
	Cast to straddle cut backward to handstand	Element Group IV, C value (Ferhat Arican, TUR)
HB - HIGH BAR	Tkachev straddle with $\frac{1}{2}$ turn in mixt elgrip continued with back swing to handstand	Element Group II, D value
	Double salto over the bar with $\frac{1}{2}$ turn to overgrip	Element Group II, E value, similar with Gayllord 2 in tucked position.

Thanks for attention and best regards.

Adrian STOICA,

President of the FIG Men's Technical Committee